



ADMIRAL MEN'S NATIONAL LEAGUES 2026/27 FIXTURES

DIVISION 5 EAST CENTRAL

05/09/2026

Llandaff North RFC	✓ Old Penarthians RFC
Cefn Coed RFC	✓ Caerau Ely RFC
Beddau RFC Athletic	✓ Glyncoch RFC
Llandrindod Wells RFC	✓ Tref-Y-Clawdd RFC
Brackla RFC	✓ Tondur RFC Athletic

21/11/2026

Beddau RFC Athletic	✓ Cefn Coed RFC
Llandrindod Wells RFC	✓ Llandaff North RFC
Caerau Ely RFC	✓ Glyncoch RFC
Old Penarthians RFC	✓ Tondur RFC Athletic
Tref-Y-Clawdd RFC	✓ Brackla RFC

09/01/2027

Cefn Coed RFC	✓ Glyncoch RFC
Llandaff North RFC	✓ Brackla RFC
Llandrindod Wells RFC	✓ Tondur RFC Athletic
Beddau RFC Athletic	✓ Caerau Ely RFC
Tref-Y-Clawdd RFC	✓ Old Penarthians RFC

19/09/2026

Tref-Y-Clawdd RFC	✓ Beddau RFC Athletic
Glyncoch RFC	✓ Brackla RFC
Tondur RFC Athletic	✓ Cefn Coed RFC
Old Penarthians RFC	✓ Llandrindod Wells RFC
Caerau Ely RFC	✓ Llandaff North RFC

28/11/2026

Brackla RFC	✓ Old Penarthians RFC
Glyncoch RFC	✓ Llandrindod Wells RFC
Llandaff North RFC	✓ Beddau RFC Athletic
Cefn Coed RFC	✓ Tref-Y-Clawdd RFC
Tondur RFC Athletic	✓ Caerau Ely RFC

16/01/2027

Caerau Ely RFC	✓ Tref-Y-Clawdd RFC
Tondur RFC Athletic	✓ Beddau RFC Athletic
Brackla RFC	✓ Llandrindod Wells RFC
Cefn Coed RFC	✓ Llandaff North RFC
Glyncoch RFC	✓ Old Penarthians RFC

26/09/2026

Llandrindod Wells RFC	✓ Caerau Ely RFC
Beddau RFC Athletic	✓ Old Penarthians RFC
Tref-Y-Clawdd RFC	✓ Glyncoch RFC
Llandaff North RFC	✓ Tondur RFC Athletic
Cefn Coed RFC	✓ Brackla RFC

05/12/2026

Tondur RFC Athletic	✓ Glyncoch RFC
Tref-Y-Clawdd RFC	✓ Llandaff North RFC
Old Penarthians RFC	✓ Cefn Coed RFC
Caerau Ely RFC	✓ Brackla RFC
Beddau RFC Athletic	✓ Llandrindod Wells RFC

23/01/2027

Beddau RFC Athletic	✓ Brackla RFC
Tref-Y-Clawdd RFC	✓ Tondur RFC Athletic
Old Penarthians RFC	✓ Caerau Ely RFC
Llandaff North RFC	✓ Glyncoch RFC
Llandrindod Wells RFC	✓ Cefn Coed RFC

10/10/2026

Glyncoch RFC	✓ Cefn Coed RFC
Brackla RFC	✓ Llandaff North RFC
Tondur RFC Athletic	✓ Llandrindod Wells RFC
Caerau Ely RFC	✓ Beddau RFC Athletic
Old Penarthians RFC	✓ Tref-Y-Clawdd RFC

12/12/2026

Beddau RFC Athletic	✓ Tref-Y-Clawdd RFC
Brackla RFC	✓ Glyncoch RFC
Cefn Coed RFC	✓ Tondur RFC Athletic
Llandrindod Wells RFC	✓ Old Penarthians RFC
Llandaff North RFC	✓ Caerau Ely RFC

30/01/2027

Cefn Coed RFC	✓ Beddau RFC Athletic
Llandaff North RFC	✓ Llandrindod Wells RFC
Glyncoch RFC	✓ Caerau Ely RFC
Tondur RFC Athletic	✓ Old Penarthians RFC
Brackla RFC	✓ Tref-Y-Clawdd RFC

17/10/2026

Tref-Y-Clawdd RFC	✓ Caerau Ely RFC
Beddau RFC Athletic	✓ Tondur RFC Athletic
Llandrindod Wells RFC	✓ Brackla RFC
Llandaff North RFC	✓ Cefn Coed RFC
Old Penarthians RFC	✓ Glyncoch RFC

19/12/2026

Old Penarthians RFC	✓ Llandaff North RFC
Caerau Ely RFC	✓ Cefn Coed RFC
Glyncoch RFC	✓ Beddau RFC Athletic
Tref-Y-Clawdd RFC	✓ Llandrindod Wells RFC
Tondur RFC Athletic	✓ Brackla RFC

27/02/2027

Old Penarthians RFC	✓ Brackla RFC
Llandrindod Wells RFC	✓ Glyncoch RFC
Beddau RFC Athletic	✓ Llandaff North RFC
Tref-Y-Clawdd RFC	✓ Cefn Coed RFC
Caerau Ely RFC	✓ Tondur RFC Athletic

31/10/2026

Brackla RFC	✓ Beddau RFC Athletic
Tondur RFC Athletic	✓ Tref-Y-Clawdd RFC
Caerau Ely RFC	✓ Old Penarthians RFC
Glyncoch RFC	✓ Llandaff North RFC
Cefn Coed RFC	✓ Llandrindod Wells RFC

02/01/2027

Caerau Ely RFC	✓ Llandrindod Wells RFC
Old Penarthians RFC	✓ Beddau RFC Athletic
Glyncoch RFC	✓ Tref-Y-Clawdd RFC
Tondur RFC Athletic	✓ Llandaff North RFC
Brackla RFC	✓ Cefn Coed RFC

20/03/2027

Glyncoch RFC	✓ Tondur RFC Athletic
Llandaff North RFC	✓ Tref-Y-Clawdd RFC
Cefn Coed RFC	✓ Old Penarthians RFC
Brackla RFC	✓ Caerau Ely RFC
Llandrindod Wells RFC	✓ Beddau RFC Athletic